



STAGIONE SPORTIVA 2025/2026

PROGRAMMA ALLENAMENTI							
CATEGORIA	ANNI DI NASCITA	LUN.	MAR.	MER.	GIO.	VEN.	SAB.
UNDER 6	2020 - 2021			17:30 – 18:30			11:00 – 12:00
UNDER 8	2018 - 2019	17:30 – 19:00		17:30 – 19:00			11:00 – 12:30
UNDER 10	2016 - 2017	17:30 – 19:00		17:30 – 19:00			11:00 – 12:30
UNDER 12	2014 - 2015	17:30 – 19:00		17:30 – 19:00			11:00 – 12:30
UNDER 14	2012 - 2013	17:30 – 19:00		17:30 – 19:30		17:30 – 19:00	
UNDER 16	2010 - 2011		17:30 – 19:00		18:00 – 19:30	17:30 – 19:00	
UNDER 18	2007 – 2008 - 2009		18:30 – 20:00	18:30 – 20:00		18:30 – 20:00	
SENIORES	1983 – 2007		19:00 – 20:30		18:30 – 20:00	19:00 – 20:30	