



STAGIONE SPORTIVA 2026/2027

PROGRAMMA ALLENAMENTI							
CATEGORIA	ANNI DI NASCITA	LUN.	MAR.	MER.	GIO.	VEN.	SAB.
UNDER 6	2021 - 2022			17:00 – 18:00			11:00 – 12:00
UNDER 8	2019 - 2020	17:30 – 19:00		17:30 – 19:00			11:00 – 12:30
UNDER 10	2017 - 2018	17:30 – 19:00		17:30 – 19:00			11:00 – 12:30
UNDER 12	2015 - 2016	17:30 – 19:00		17:30 – 19:00			11:00 – 12:30
UNDER 14	2013 - 2014	17:30 – 19:00		17:30 – 19:00		17:30 – 19:00	
UNDER 16	2011 - 2012	17:30 – 18:45	18:00 - 19:30	17:30 – 18:45	18:00 – 19:30	18:00 – 19:30	
UNDER 18	2008 – 2009 – 2010	18:45 – 20:00	18:30 – 20:00	18:45 – 20:00	18:30 – 20:00	18:30 – 20:00	
SENIORES	1984 – 2008	18:45 – 20:00	19:30 – 21:00	17:30 – 19:00	19:30 – 21:00	19:00 – 20:30	
TOUCH			20:00 – 21:30				10:30 – 12:00